

Operation Newstart Western



Western Metropolitan Region



VICTORIA POLICE



Operation Newstart
50 Flemington Street
FLEMINGTON 3031
Phone: 9345 6053
Fax: 9345 6052

Operation Newstart Western

Intake 41

Term 1, 2010

(Declan 0448 314 412, Matt 0428 116 317
or Karen on 9345 6053)

All start and finish times are at Footscray Railway Station where students will be transported to the respective venues

Week 1

Students attend school all week except for...

Friday 05/02 Parent/Student Information session
9.30am Travancore Consent/Medical forms etc...

Week 2

Monday 08/02 School

Tuesday 09/02 **Activity:** Get to know you, equipment pack, fitness & swim test
Venue: Travancore
Start: 9.00 am
Finish: 3.30 pm
Equipment: Bathers, towel, lunch, clothes for fitness test

Wednesday 10/02 **Activity:** Newstart Journey
Venue: Great Ocean Walk
Start: 9.00 am Wednesday
Finish: 5.00 pm Friday

Friday 12/02 **Equipment:** Two complete changes of clothes, extra pairs of underwear and socks, two pairs of sturdy shoes, (runners are fine), bathers, hand towel, toothbrush, toothpaste, deodorant (not aerosol), body/baby wipes (that's your shower), **toilet paper**, three AAA batteries, sunscreen, insect repellent, and lighter (for fuel stove). See NEWSTART Clothing and Equipment CAMP LIST
All camping equipment and food supplied. EXCEPT LUNCH DAY 1.

NOTE: Bring Hat, Drink bottle, & Sunscreen, daily!

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Week 3

- Monday 15/02 **SCHOOL**
- Tuesday 16/02 **Activity:** Abseiling/Mountain Biking/ **Parent Session 1**
Venue: You Yangs National Park
Start: 8.30 am
Finish: 4.00 pm
Equipment: Comfortable clothing, (make sure no skin is exposed around stomach), lunch (no shops)
- NOTE: Parent Workshop 1, Travancore School, 6.30 pm to 8.30 pm. Travancore School is situated at 50 Flemington Street, Flemington, Melway map 29 - A11. In the Resource Room. PARENTS/CARERS ONLY - STUDENTS ARE NOT REQUIRED TO ATTEND!**
- Wednesday 17/02 **Activity:** Family Challenge Day
Venue: Blackwood Special School & Outdoor Education Centre
Start: 9.00 am
Finish: 4.00 pm
Equipment: Yourselves and an open mind!!!!
- Thursday 18/02 **Activity:** Sailing
Venue: Williamstown Royal Melbourne Yacht Sq
Start: 9.00 am
Finish: 3.30 pm
Equipment: 1X change of clothes, old trainers (no thongs or crocs), lunch and towel
- Friday 19/02 **Activity:** Music/ Assignment
Venue: Banksia Unit Footscray/ Parkville
Start: 9.00 am
Finish: 3.30 pm
Equipment: Neat clothes, lunch

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Week 4

Monday 22/02 **SCHOOL**

Tuesday 23/02 **Activity:** Horse riding
Venue: Pretty Sally Trail Rides, Wallan
Start: 9.00 am
Finish: 4.30 pm
Equipment: Comfortable clothing, shoes with heels (work boots are perfect), lunch provided

Wednesday 24/02 **Activity:** Surf and Snorkel Camp
Venue: Bancoora Surf Life Saving Club
to **Start:** 9.00 am
Finish: 3.30 pm

Thursday 25/02 **Equipment:** 2 X changes of clothes, bathers, towel, toiletries and bedding

Friday 26/02 **Activity:** MacGregor Transport/ Assignment
Venue: Sunshine/ Parkville
Start: 9.00 am
Finish: 3.30 pm
Equipment: Neat clothes, lunch

Week 5

Monday 01/03 **SCHOOL**

Tuesday 02/03 **Activity:** Fire Awareness
Venue: CFA Training Complex, Fiskville
Start: 8.30 am
Finish: 4.30 pm
Equipment: Clothes to be worn under overalls must be 100% cotton (t-shirt, tracksuit pants, no shorts). Change of clothes (socks, underwear, pants, and t-shirt), lunch provided

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Wednesday 03/03 **Activity:** Basic Emergency Life Support
Venue: Travancore
Start: 9.00 am
Finish: 3.00 pm
Equipment: Lunch

Thursday 12/03 **Activity:** SCUBA/ **Parent Session 2 - Students are required to attend**
Venue: Brunswick/ Banksia Unit, Footscray
Start: 11.00 am
Finish: 8.30 pm
Equipment: Lunch, towel, bathers

NOTE: COMBINED PARENT AND STUDENT WORKSHOP 2, Western Hospital, Banksia Unit, 6.30 pm - 9.00 pm. Banksia Unit is situated at 14 Mavis Street, Footscray, Melway map 41-A2. Dinner will be supplied to students. THIS IS A COMBINED SESSION WITH STUDENTS AND PARENTS

Friday 05/03 **Activity:** Sexual Health/ Assignment
Venue: Melbourne/ Parkville
Start: 9.00 am
Finish: 3.30 pm
Equipment: Neat clothes, lunch

Week 6

Monday 08/03 **LABOUR DAY**

Tuesday 09/03 **Activity:** Expedition
Venue: Lower Glenelg National Park
Start: 8.00 am Tuesday
Finish: 5.00 pm Friday

Friday 12/03 **Equipment:** Lunch or money for day 1, sturdy shoes, 2 changes of clothes, toothbrush, toothpaste, deodorant (not aerosol), **toilet paper**, lighter (for fuel stove), sunscreen, 3 X AAA batteries and insect repellent. See **NEWSTART Clothing and Equipment CAMP LIST**

Note: Bring Hat, Water Bottle, & Sunscreen daily!

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Week 7

Monday 15/03 **Activity:** Graduation Walkthru/ Assignment completion
Venue: Footscray / Travancore
Start: 9.00 am
Finish: 2.00 pm
Equipment: Lunch/ Neat Clothes

Tuesday 16/03 **Activity:** Equipment Clean/ Term debrief/ Fitness Retest
Venue: Travancore/Footscray
Start: 11.00 am
Finish: 9.00 pm
Equipment: Lunch/ Clothes for fitness test

NOTE: COMBINED PARENT AND STUDENT WORKSHOP 3, Travancore School, 6.30 pm - 9.00 pm in the Resource Room. Dinner will be supplied to students.

Wednesday 17/03 SCHOOL

Thursday 18/03

Activity: GRADUATION CEREMONY
Venue: *MARIBYRNONG CITY COUNCIL*
Cnr Napier & Hyde Sts, Footscray
Start: 9.30 am
Finish: 12.00 pm
Clothing: *Black pants, black dress shoes and white shirt. No hats. We will provide a jumper on the day.*

Friday 19/03 SCHOOL

Week 8

SCHOOL